

Company Number 4504443

Charity Number 1093747

Draft until approved at Hafal AGM 2018

Minutes of the Annual General Meeting held on Thursday 21 September 2017 at Hafal's Head Office, Llansamlet, Swansea.

Present: There were 9 Members present of whom 9 were Members of Hafal entitled to vote.
8 proxy votes had been received in advance of the meeting.

Chair: Elin Jones, Chair of Hafal Trustees

In attendance: Alun Thomas, Chief Executive
Nicola Thomas, Company Secretary
Sharon Warrington, Finance Director
Susan Phillips, Harris Bassett Limited - Auditors

1. Apologies

Apologies were received from Dilwyn Voyle and Ceinwen Rowlands.

2. Introduction and Governance

The Chief Executive noted that Hafal's new Articles of Association had provided Trustees with the authority to decide if they wished to hold an AGM. Trustees had considered this during the year and had agreed to hold an AGM for formal business purposes only immediately following a 'Trustees' meeting and to hold separate Members Days events where Members would have an opportunity to talk to Trustees and senior staff.

3. Minutes of the Hafal AGM 3 November 2016

These were agreed as a true record.

4. Matters Arising

There were no matters arising not covered elsewhere on the agenda.

5. Overview and Update

The Chief Executive presented an overview of Hafal's activities in 2016-2017 and an update on progress in the current year.

He highlighted the following :-

- The 2016/17 'BIG Carers' Tea Break!' campaign had been very successful and excellent local events had taken place throughout Wales.
- Service delivery continued in all 22 counties of Wales in the face of difficult economic times and Hafal continued to challenge reductions to funding.
- During the year a range of successful events had been held including a Physical Health Awareness Day in Swansea and the first Physical Health Awareness day in North Wales; both of which had been well attended.

- The development of Hafal's Recovery Centre had continued with refurbishment works completed by December 2016 and an official launch held in January 2017. The Centre was now open to Guests.
- Hafal continued to work in partnership with a number of organisations across Wales both on current service contracts and potential service developments.
- Hafal's merger with Crossroads Mid and West Wales was effective from 1st April 2017 which would enable Hafal to expand its existing services and broaden opportunities for funding and service development.
- Hafal's publications continued to be an important resource service and the organisation had had excellent media coverage including in the Guardian, Mental Health Today, the Western Mail and others.
- Fundraising for the organisation had increased with both individuals and groups raising funds and awareness of mental illness and Hafal services.
- The work of Mental Health UK continued to be beneficial and Pizza Hut Restaurants, Lloyds Banking Group and the Royal Mail continued to be supportive of Hafal. The Lloyds Banking Group funded Money and Mental Health Advice Service would commence delivery in November 2017 and would include a Volunteer Coordinator post based at Head Office and covering the whole of Wales.
- Cyfle Cymru had completed its first year of operations very successfully and the team were looking forward to continuing with this work.
- The Chair and Members present noted the significant achievements and development of the organisation in times of austerity which had been made possible by a good staff team and the support of the Membership.

6. Trustees' Report and Financial Statements

The Chair noted that the Report had been fully reviewed by Trustees to ensure it was accurate and reflective of the organisation's position and operations and the Report and Financial Statements had been approved by Trustees at their meeting on 21 September 2017.

7. Re-appointment of Auditors

Harris Bassett Limited remain appointed as Hafal's Auditors.

8. Election of Trustees

The Company Secretary reported that the election was completed without the requirement for a ballot and that the following Members had been elected to serve as Trustees: Elin Jones, Mair Elliott, Pauline Bett, Helen Philpin, Michael Miles and Shanaz Dorkenoo. The Company Secretary noted that Shanaz Dorkenoo had since resigned due to a conflict of interest.

Rhif y Cwmni 4504443 Rhif yr Elusen 1093747
Drafft tan fod y cofnodion wedi eu cymeradwyo yng Nghyfarfod Cyffredinol Blynyddol Hafal 2018

Cofnodion y Cyfarfod Cyffredinol Blynyddol a gynhaliwyd ar ddydd Iau, 21 Medi 2017 ym Mhrif Swyddfa Hafal, Llansamlet, Abertawe.

Yn bresennol: Roedd 9 Aelod yn bresennol ac roedd y 9 ohonynt yn Aelodau o Hafal a'n meddu ar yr hawl i bleidleisio.

Roedd 8 o bleidleisiau drwy ddirprwy wedi eu derbyn cyn y cyfarfod.

Cadeirydd: Elin Jones, Cadeirydd Ymddiriedolwyr Hafal

Yn bresennol: Alun Thomas, Prif Weithredwr
Nicola Thomas, Ysgrifennydd y Cwmni
Sharon Warrington, Cyfarwyddwr Cyllid
Susan Phillips, Harris Bassett Cyfyngedig – Archwilwyr

1. Ymddiheuriadau

Derbyniwyd ymddiheuriadau gan Dilwyn Voyle a Ceinwen Rowlands.

2. Cyflwyniad a Llywodraethiant

Nododd y Prif Weithredwr fod Erthyglau Cymdeithasu newydd Hafal wedi rhoi'r awdurdod i Ymddiriedolwyr i benderfynu a ydynt yn dymuno cynnal Cyfarfod Cyffredinol Blynyddol. Mae Ymddiriedolwyr wedi ystyried hyn yn ystod y flwyddyn ac wedi cytuno i gynnal Cyfarfod Cyffredinol Blynyddol at ddibenion busnes ffurfiol yn unig, a hynny'n syth wedi cyfarfod yr Ymddiriedolwyr ac i gynnal digwyddiadau Diwrnodau Aelodau ar wahân lle y mae Aelodau yn cael y cyfle i siarad gydag Ymddiriedolwyr ac uwch staff.

3. Cofnodion Cyfarfod Cyffredinol Blynyddol Hafal ar 3 Tachwedd 2016

Cytunwyd fod y cofnodion yn gofnod cywir.

4. Materion sy'n Codi

Nid oedd unrhyw faterion sy'n codi nad oedd wedi eu cynnwys ar yr agenda.

5. Trosolwg a Diweddariad

Roedd y Prif Weithredwr wedi cyflwyno trosolwg o weithgareddau Hafal yn 2016-2017 a diweddariad ar y cynnydd sydd wedi ei wneud yn y flwyddyn gyfredol.

Amlygodd y canlynol :-

- Roedd yr ymgyrch 'Egwyl Te MAWR Gofalwyr' 2016/17 wedi bod yn llwyddiannus iawn a chynhaliwyd digwyddiadau lleol ardderchog ar draws Cymru.
- Roedd gwasanaethau wedi parhau i gael eu darparu ym mhob un o'r 22 sir yng Nghymru er gwaetha'r cyfnodau economaidd anodd ac roedd Hafal wedi parhau i herio gostyngiadau mewn cyllid.
- Yn ystod y flwyddyn, roedd ystod o ddigwyddiadau llwyddiannus wedi eu cynnal gan gynnwys Diwrnod Ymwybyddiaeth Iechyd Corfforol yn Abertawe a'r Diwrnod Ymwybyddiaeth Iechyd Corfforol cyntaf yng Ngogledd Cymru; roedd llawer wedi mynychu'r ddau ddigwyddiad.

- Roedd y gwaith ailwampio Canolfan Adferiad Hafal wedi parhau a'i gwblhau erbyn Rhagfyr 2016 a chynhaliwyd lansiad swyddogol yn Ionawr 2017. Roedd y Ganolfan ar agor nawr i Westeion.
- Roedd Hafal wedi parhau i weithio mewn partneriaeth gyda nifer o fudiadau ar draws Cymru, a hynny o ran cytundebau gwasanaethau cyfredol a datblygu gwasanaethau posib.
- Unodd Hafal gyda Chroesffyrdd Canolbarth a Gorllewin Cymru ar y 1^{af} Ebrill 2017 a fyddai yn caniatáu i Hafal i ehangu ei wasanaethau cyfredol a gwyntyllu mwy o gyfleoedd ar gyfer ariannu a datblygu gwasanaethau.
- Roedd cyhoeddiadau Hafal wedi parhau i fod yn wasanaeth adnodd pwysig ac roedd y mudiad wedi cael sylw ardderchog yn y wasg gan gynnwys y Guardian, Mental Health Today, Western Mail ac eraill.
- Roedd y gwaith codi arian a wnaed i'r mudiad wedi cynyddu gydag unigolion a grwpiau yn codi arian ac ymwybyddiaeth o afiechyd meddwl a gwasanaethau Hafal.
- Roedd gwaith Mental Health UK yn parhau i'n elwa ac roedd Bwytaï Pizza Hut, Grŵp Bancio Lloyds a'r Post Brenhinol wedi parhau i gefnogi Hafal. Roedd Grŵp Bancio Lloyds wedi ariannu'r Gwasanaeth Cyngor Arian ac Iechyd Meddwl a fydd yn dechrau yn Nhachwedd 2017 ac yn cynnwys swydd Cydlynedd Gwirfoddolwyr wedi ei lleoli yn y Brif Swyddfa ac yn gwasanaethu Cymru gyfan.
- Roedd Cyfle Cymru wedi cwblhau'r flwyddyn gyntaf o ddarparu gwasanaethau yn llwyddiannus iawn ac roedd y tîm yn edrych ymlaen at barhau gyda'r gwaith hwn.
- Roedd y Cadeirydd a'r Aelodau a oedd yn bresennol wedi nodi'r cyraeddiadau sylweddol a datblygiad y mudiad mewn adeg o gyni ariannol, ac mae hyn ond wedi bod yn bosib yn sgil tîm o staff da a chefnogaeth yr Aelodaeth.

6. **Adroddiad yr Ymddiriedolwyr a Datganiadau Ariannol**

Roedd y Cadeirydd wedi nodi fod yr Adroddiad wedi ei adolygu'n llawn gan Ymddiriedolwyr er mwyn sicrhau ei fod yn gywir ac yn adlewyrchu sefyllfa a gweithrediadau'r mudiad ac roedd yr Adroddiad a'r Datganiadau Ariannol wedi eu cymeradwyo gan Ymddiriedolwyr yn eu cyfarfod ar 21 Medi 2017.

9. **Ail-apwyntio Archwilwyr**

Apwyntiwyd Harris Bassett Cyfyngedig i barhau fel Archwilwyr Hafal.

10. **Ethol Ymddiriedolwyr**

Roedd Ysgrifennydd y Cwmni wedi adrodd fod yr etholiad wedi ei gwblhau heb yr angen am bleidlais a bod yr Aelodau canlynol wedi eu hethol i fod yn Ymddiriedolwyr: Elin Jones, Mair Elliott, Pauline Bett, Helen Philpin, Michael Miles a Shanaz Dorkenoo. Roedd Ysgrifennydd y Cwmni wedi nodi fod Shanaz Dorkenoo wedi ymddiswyddo yn sgil gwrthdaro buddiannau.