



## Information for Employers

Occupational ill-health, staff turnover and recruitment costs are a burden on employers. With mental health problems being a significant cause of time off work, employers who understand how to support their staff and provide proactive management to help staff manage their mental health are able to minimise these costs and have a well-motivated and more productive workforce.

Hafal has been funded by the Big Lottery Mental Health Matters Programme to support people recovering from serious mental illness in employment, training, and education and to assist them in remaining fit for work, gaining work and/or qualifications.

Hafal has provided this information and advice pack for employers and will work with employers and then staff to assist and support them to ensure their mental health is well managed and they are productive, healthy employees. Hafal's Regional Employment Officers can meet with your Personnel or Human Resources team and assist them in identifying training needs; provide basic training on mental health; advise on best practice and work with employees with a serious mental illness to assist them in retaining their employment.

The following information provides some useful tips and also provides a reminder of the employers duties under the Disability Discrimination Act 1995. Employers now also need to remember that carers may seek to use the legislation in relation to their responsibilities for the person they care for.

If you would like to speak to one of our specialist staff please contact:

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